

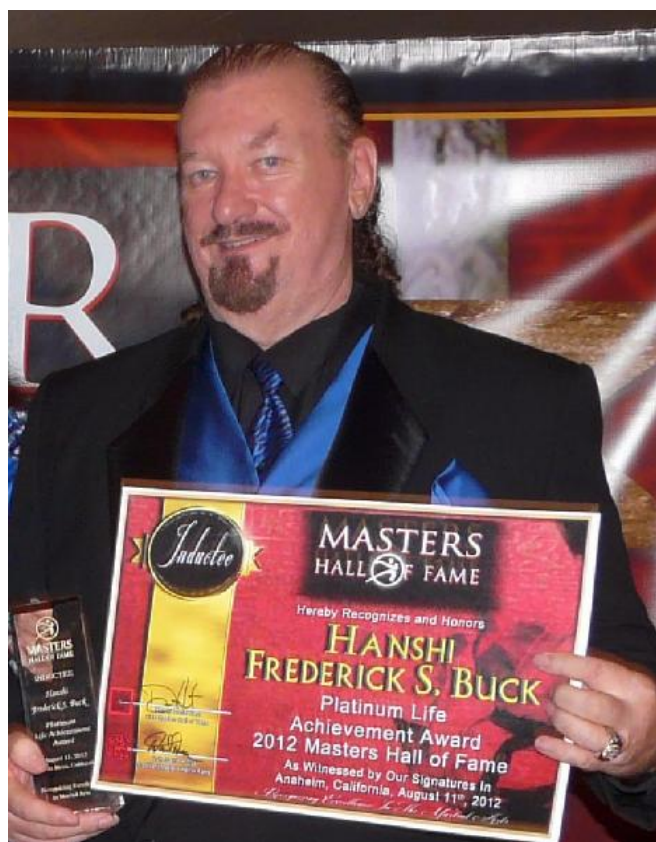


Hanshi Fred Buck in in the 90s

Frederick S. Buck
President of AKKO Kyokushin Karate
Fred Received his Kudan (9th Dan)

Sept. 9,2006,

Voted in by the Council and Advisers



Inducted into
[Masters Hall of Fame 2012 Platium Award](http://www.youtube.com/watch?v=D9-UeJMkHko&feature=youtu.be)
Hanshi Fred Buck interviewed on Radio at
the Masters Hall of Fame
<http://www.youtube.com/watch?v=D9-UeJMkHko&feature=youtu.be>

Dedicates the Award to Hanshi Don Buck,
Sosai Mas Oyama and all the Kyokushin
Karatekas



Hanshi Fred Buck Age 62

**Hanshi Don Buck
taught his Son, (Fred) Karate**

, Judo, Jujitsu, Chi Gong & Kung-Fu

**Hereby I would like to
thank my father For the wisdom
that I achieved while
training with him in:
Kyokushin Karate, Judo, Jujitsu,**

**Kung-fu and life.
You are the Very Best!
Thanks Dad
Your son ,**



Branch Chiefs of the IKO in North America in 1993



Fred's early years Before Kyokushin



**1993 International Kyokushin Who's who Map
Both Don Buck and son Fred Buck on on it.**



The Buck's Family Dojo was
Buck's school of the Tiger

Fred's Early martial arts training was varied and extensive from night club security, being a body guard to being a manager and second for kickboxing. Included Boxing with his step father George A. Cabano and an amateur record in the Navy of 3 wins & 0 losses, Ju-Jitsu with Rick Wetzel, Kosho-shorei Kenpo with Bruce Juchnik Shorin Ryu with Mike Bragg, American Kenpo with Bob Liles, Dave Kovar and Al Tracy



Redwoods Ca. Seminar

Kyokushinkai with his father Hanshi Donald I. Buck Aiki-Jujitsu & Judo with Professor Raymond (Duke) Moore Tae Kwon Do with Alex Camillo . Sensei Fred Buck has been in the martial arts for over 35 years now and currently operates the AKKO in Arizona His achievement; Director of the American Kyokushin Karate Organization Branch Chief of the International Kyokushin Organization Karate Chairperson of the Pacific Amateur Athletic Union Secretary of the Pacific Amateur Athletic Union



Colorado Snow training

Chinese Martial Arts of the Pacific Amateur Athletic Union Jujitsu of the Pacific Amateur Athletic Union Registered as manager and second for kickboxing with the California State Boxing Commission. ATAMA & ISOK member. Plus he has a weight lifting club. Professor in I.S.O.K. (International Society of Okinawan/Japanese Karate-Do).M.D.T.C.M. degree in Hong Kong specializing in traditional Chinese medicine.



California State Championships

Fred is interested in all aspects of the martial arts, sports, self-defense, art, and health. His main goal is to carry on the AKKO the way that he thinks his father would.

QUOTE:

"I can never fulfill the shoes of my teachers and I won't try, I will only do what I think they would want me to do."



Acupuncture Class in Hong Kong



Fred Buck meets Sosai Mas Oyama



Ron McDowel & Fred Buck



**Shane Martin (Deceased) & Fred Buck
AKKO Fighting team from Sacramento California**



**Sosai Mas Oyama
Don & Fred Buck**



AKKO Fighting team from Sacramento California



Demo California State Fair

RENEWAL *2/94*
Registration No. **UC789**
International Koshu-Shorei Association

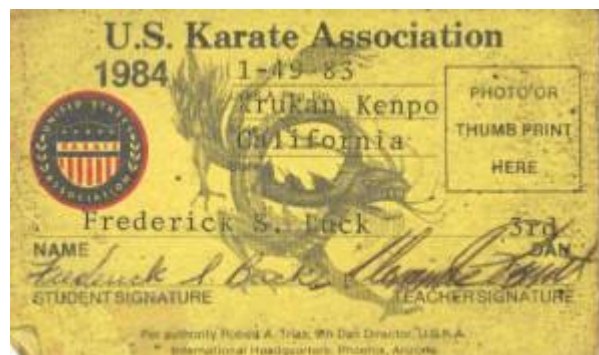
This certifies that **Hon. Fred Buck**
is a member in good standing and is eligible for all Association
benefits.

Feb. 10, 1984 *Arnold M. Halden*
Expiration Date Administrator

Kyosho Shorei Membership ID



Kyosho Shorei



Robert Trias USKA



**This page is from the Book By James Mitose What is True Self-Defense?1981
When Fred was a Senior Student in Kosho-Shorei**

Frederick S. Buck's Ranks & Photos of his Sensei's



Donald I. Buck
Promoted Fred to
5th Dan
Kyokushin



Alex Camillo
Promoted Fred to
3rd Dan
Taekwondo



Al Tracy
Promoted Fred to
5th Dan
American Kenpo



Duke Moore
Promoted Fred to
8th Dan
Aiki-Jujitsu
1st Dan
Judo



Le Tian
Healer
in
Ch'i Gong

My Karate Art Left also say Kyokushin Family below , Center is the same as my Fathers, Right School of the Tiger

