

## **Dojo Kun (Dojo) Motto**



**Yamaguchi & Masutatsu Oyama**

1. We will train our heart and bodies for a firm unshaken spirit.
2. We will pursue the true meaning of the Kyokushin Way, so that in time,  
our senses will be alert.
3. With vigor, we will seek and cultivate a spirit of self-discipline.
4. We will observe the rules of courtesy, respect our superiors and refrain from violence
5. We will never forget the true virtue of humility.
6. We will look upwards to wisdom and strength, not seeking other desires.

All our lives, through the discipline of karate, we will seek to fulfill the true meaning of the Kyokushin Way.